



Ryan Childers
Todd Evangelist
Diahna Garcia-Ruiz
Jacinto Jimenez
Emma Jones

Central Union High School District

2019/2020 School Year

Central Union High School District
Administrative Office

351 Ross Avenue
El Centro, CA 92243
(760) 336-4500
(760) 353-3606 FAX

Superintendent
Dr. Ward Andrus

***Assistant Superintendent,
Educational Services***
Sheri L. Hart

***Assistant Superintendent,
Business and Support Services***
Arnold A. Preciado

Director, Human Resources
Carol Moreno

Central Union High School

1001 Brighton Avenue
El Centro, CA 92243
(760) 336-4300
(760) 353-3570 FAX

Principal
Craig Lyon

Southwest High School

2001 Ocotillo Drive
El Centro, CA 92243
(760) 336-4100
(760) 353-0467 FAX

Principal
Matt Phillips

Desert Oasis High School

1302 South 3rd Street
El Centro, CA 92243
(760) 336-4555
(760) 337-3952 Fax

Principal
Fernando O'Campo

Dear Parents and Guardians,

The Central Union High School District recognizes the link between student health and learning and desires to provide a comprehensive program promoting healthy eating and physical activity for district students. The District supports student wellness through health education, physical education and activity, health services, nutrition services, psychological and counseling services, and a safe and healthy school environment.

District Board Policy 5030 and the Central Union High School District Wellness Plan are written documents which guide the District's efforts to promote student health. The Local School Wellness Policy requirement was established by the Child Nutrition and WIC Reauthorization Act of 2004, and further strengthened by the Healthy, Hunger-Free Kids Act of 2010. The responsibility for developing local school wellness policies and plans has been placed at the district level to insure that such policies meet the unique needs of each school under their jurisdiction.

The Central Union High School District's Wellness Advisory Committee is developing strategies to promote healthy student lifestyles. The District invites feedback on district and school wellness activities from food service personnel, school administrators, the Wellness Advisory Committee, parents, guardians, students, and other appropriate persons.

To find out how you can be involved, view Board Policy 5030, or the District's Wellness Plan, visit our website at www.cuhsd.net or call (760) 336-4500.

Respectfully,

Arnold Preciado
Assistant Superintendent,
Business and Support Services